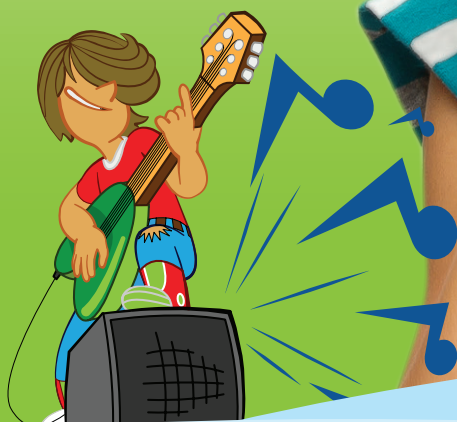


Sounds Are All Around



PROTECT THEIR HEARING

A program of the National Institutes of Health



PROTECT YOUR HEARING!

Why Protect Your Hearing?

Noise-induced hearing loss:

- » Can build over time.
- » Is permanent.
- » Is preventable.



How to Protect Your Hearing:

- » Lower the volume.
- » Move away from the noise.
- » Wear hearing protectors, such as earplugs or earmuffs.



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National Institute on Deafness and Other Communication Disorders

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